

ABSTRACT

The purpose of this study was to explore the challenges facing the elderly people in amidst of social-economic changes in the Kisarawe District of Tanzania and to make recommendations for addressing them.

The researcher used qualitative methods of interviews, questionnaires to collect information from a sample size of 60 elderlies, people in the district, government departments, churches etc. to form an opinion and make recommendations.

From the research it came out clearly that the elderly/aged in the district suffer from a myriad problems including their family move in the city and leave them inadequate care, inadequate incomes, poor health, social neglect or isolation.

My recommendations include a call on government to among other things develop a structure and formal way of dealing with the needs of the aged including free medical cover for all above 60 years of age which is already established by improving it especially in medical accessibility and a recreational place.

Furthermore, the church at the local and national levels should endeavor to incorporate the needs of the aged and educate its members on the care of the aged as part of its diaconal programs.